

NEWS & NOTES

LIVING THE VOLUNTEER SPIRIT THROUGH GFWC

News & Notes - September 29, 2016



Raise Awareness of Gynecologic Cancer

Do you know the warning signs of gynecologic cancer? It's something that you may not think about, but recognizing the signs early may save your life. Gynecologic cancers have been referred to as the silent killer, as many women are unaware of the early signs and symptoms. Over 80,000 women are diagnosed with a gynecologic cancer each year, and more than 25,000 women die from one of these cancers. September is National Gynecologic Cancer Awareness Month and National Ovarian Cancer Awareness Month, an ideal time to learn more about the resources offered by Inside Knowledge: Get the Facts About Gynecologic Cancer Campaign. This campaign is an initiative of the Centers for Disease Control and was established to educate women and health care providers about gynecologic cancer. There are five common types of gynecologic cancer: cervical, ovarian, uterine, vaginal, and vulvar. Inside Knowledge provides information about the different signs, symptoms, risk factors, and prevention strategies for each of these types of

GFWC — an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service

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gynecologic cancer. Resources available from Inside Knowledge are highlighted in the Home Life section of the *GFWC Club Manual*. For example, you can order free materials from the campaign, host a seminar on gynecologic cancers, and share public services announcements about the campaign. Participate in National Gynecologic Cancer Awareness Month by reading about these resources and sharing the information with your club. You can access the Home Life section of the Club Manual by [clicking here](#). Learn more about Inside Knowledge by visiting <http://bit.ly/2cE33Ze>.

President Shea Arrives in Singapore

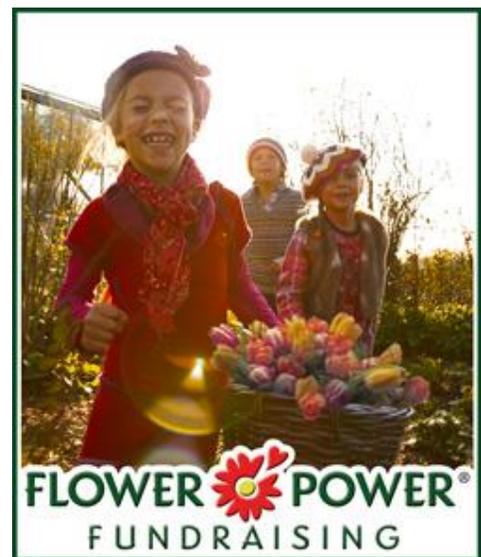
GFWC International President Sheila E. Shea has arrived in Singapore and is proudly representing GFWC at the 22nd Federation of Asia Pacific Women's Association (FAWA) Conference. Founded in 1959, FAWA objectives include fostering friendship and understanding and working towards a better life in the Asia-Pacific region. If this sounds similar to GFWC's mission, it may be because GFWC International President Chloe Gifford led a group of 160 clubwomen to Manila, the capital of the Philippines, and attended a conference of delegates from 14 Asian countries that included members of the National Federation of Women's Clubs in the Philippines. Charter members included the Union of Burma Council of Women's Associations, the Guam Women's Club, Lao Women's Association, Singapore Women's Association, Taipei International Women's Club, Chinese Women Anti-Aggression League, YWCA Thailand-Thai Culture Women's Club, Vietnam International Women's Association, and the National Federation of Women's Clubs in the Philippines. GFWC was instrumental in the creation of FAWA and is eager to continue our long partnership. President Shea was honored to meet with Congresswoman Madeleine Z. Bordallo a few weeks ago in preparation for this conference. Representative Bordallo is a past president of FAWA whose relationship with GFWC began with International Past President Juanita Bryant (1982-1984). She is the first woman to represent Guam in the United States House of Representatives. President Shea is looking forward

Simply provide your name, mailing address, email, and club name to GFWC Membership Services Manager Kate Garlick at kgarlick@gfwc.org and you're all set!

Cares & Concerns

Our hearts and prayers go out to Mississippi Valley Region Vice President Lee Humphrey, whose son recently passed away. Lee and her family are in our thoughts.

We offer our deepest sympathy to Lynn Long, Capital Campaign Committee Member, for the loss of her husband Wayne.



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addressing the attendees in Singapore and sharing GFWC's mission of *Living the Volunteer Spirit* at the conference.

What's Your GFWC Pitch?



Are you signed up for a subscription to *Clubwoman Magazine*? If not, you are missing out on a valuable membership tool! The latest edition of *Clubwoman Magazine* features an informative article from GFWC Communications and Public Relations Committee Member Laura Bergman, who wrote about how to develop a GFWC pitch so you're prepared the next time somebody asks you "What

is GFWC?" Published bimonthly, every issue contains useful articles that will inspire you and your club. Be sure to subscribe to *Clubwoman Magazine* today by visiting <http://bit.ly/clubwoman>. Special rates are available for clubs who subscribe 100 percent of its members.

Want to learn about some pointers that will help you develop a GFWC pitch? [Click here](#) to read the September+October Communications and Public Relations article on the GFWC blog!

friends and family AND the product being delivered straight to your supporters door, you know that a Flower Power fundraiser will be profitable and fuss-free! You'll be fundraising with 100% satisfaction guaranteed bulbs and seeds that your neighbors, community, and planet will love you for!

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GFWC Introduces a New Benefit of Membership

GFWC members are now eligible to receive discounts on goods and services, insurance, and travel. National companies such as VPI Pet Insurance, Collette Guided Tours, Red Roof Inn, and Office Depot are offering significant price reductions to GFWC clubwomen.

One of the many great deals available to GFWC members is Veterinary Pet Insurance®, which provides affordable pet health coverage from preventive care to significant medical incidents. GFWC members are eligible for a 5% discount (or more for multiple pets) which makes this peace-of-mind protection even more affordable. Find out why VPI is the #1 choice in America



HOBY Opens Registration for 2017 State Leadership Seminars

Each spring, 10,000 high school sophomores from across the country join one of HOBY's 70 State Leadership Seminars for three to four fun days of life-changing leadership training. School counselors select and register students for the Seminar, where students explore their leadership talents and cultivate them to become school and community leaders. GFWC is one of HOBY's largest supporters by sponsoring students for the Seminar. Please inform your local high schools that registration opened on September 7, and that your club can sponsor students at \$350 each. Visit HOBY.org for more information or contact Sunshine Navarro Shively at shivelys@hoby.org or 818-851-3980 x400.

Send Club Newsletters to GFWC Headquarters

Club newsletters are one of the most valuable ways to communicate with your members and the public. We know that you spend a lot of time writing and designing them, ensuring that your club's projects and accomplishments are shared with your community. Here at Headquarters, we enjoy reading about your club's latest news! Please be sure to send copies of your newsletters to the Communications and Public Relations staff in Washington, D.C. so that we can stay up to date on your latest happenings. Newsletters can be sent to:

for pet insurance. [Click here](#) to enroll or get more information.

All discounts available can be accessed on GFWC's website at bit.ly/GFWCMemberDiscounts.

Take the GFWC Shares Polls!

Participate in the GFWC Shares polls and your answers will be included in the November+December issue of *Clubwoman Magazine!*

One of the best parts of the holidays, apart from GFWC's Annual Holiday Open House on December 7, is the festive movies that celebrate the spirit of the season! What's your favorite holiday movie? Vote today: <http://poll.fm/5o4vx>.

In January, GFWC will celebrate the United States with a Democracy Reception at GFWC Headquarters. Why do you love living in a democracy? Send a response of 50 words or less to pr@gfwc.org.

GFWC is proud to have International Affiliates in countries around the world! If you could visit any of the countries with a GFWC International Affiliate, which one would you choose? Vote now: <http://poll.fm/5odxu>.

GFWC Headquarters
1734 N Street NW
Washington, D.C. 20036

International Update: American Women's Club of Toronto

The **American Women's Club of Toronto** began its 100 year at its opening meeting on September 19, where club member Joan Berman made a slide show presentation of her trip to Baltimore for the GFWC Convention. Joan accepted the GFWC Community Service Project International Award for AWCT at Convention and had much to relay to her club about her time in Baltimore, including encouraging her club to participate in the 2017 GFWC Annual Convention in Palm Springs, California.

ACWT continues to offer 10 different interest groups, which meet regularly outside of club meetings, and also continues its good service work in the community. The clubwomen work with New Circles to provide clothing, social connections, and skill-building opportunities for newcomers to Canada and those living on a low income. In this AWCT centennial year, members are being challenged to donate 100 books to the Children's Book Bank before the club's 100th birthday celebration on March 15. The club also continues to collect coins for Sleeping Children Around the World and stamps for the Oxfam Canada Stamp Program.



Marketplace: 2017 Buy A Day Calendar

Have you ever wanted a day all to yourself? You can have your own day, literally, with the 2017 Year in Pictures Calendar.

GFWC offers members the opportunity to "buy a day" in the calendar. Purchase a day for yourself, a friend, your club, and/or your State Federation. It is



St. Jude Walk/Run to End Childhood Cancer

Get excited about the upcoming GFWC/St. Jude Walks happening all over the United States! Play this St. Jude video: <http://bit.ly/2djfkXJ> to stir up enthusiasm in your club.

Is your club participating in the St. Jude Run/Walk to End Childhood Cancer?

Share your event with your community and local media by distributing a press release! Simply download the template located at <http://bit.ly/2cVU2eu> and fill in information to reflect your club. To learn more about the St. Jude Run/Walk Challenge and Childhood Cancer Awareness Month, check out a blog post from Advocates for Children Chairman Deb Allen and GFWC Director of Junior Clubs Jolie Frankfurth: <http://bit.ly/GFWCStJude>.

In The News

The **GFWC Woman's Club of Westminster** (Maryland) was profiled in the *Carroll County Times* for their upcoming seminar on domestic violence awareness and prevention. October is Domestic Violence Awareness Month

the perfect way to recognize special people and events, and share them with the GFWC community.

Guidelines:

- Last day to Buy A Day is September 30, 2016
- Please choose the day you would like to purchase from the drop down menu above.
- Please include your message (example: Happy Birthday Ashley! Love, Nina).
- One message per day; 50 character maximum; text only; no graphics or clip art.
- The 2017 Year in Pictures Calendar will be featured as a bonus pull-out in the November+December issue of *Clubwoman Magazine*.
- One copy of the November+December *Clubwoman Magazine*, featuring the 2017 Year in Pictures Calendar, is included with purchase.
- Everyone who purchases a day will be acknowledged in the GFWC 2017 Year in Pictures Calendar.

Please be aware that days that are sold out are unavailable for purchase. Days are allocated on a first-come, first-served basis, determined by date/time reservation and payment received. If you purchase a day that has already been purchased, GFWC will contact you to choose an alternative day. Visit the GFWC Marketplace to purchase a day: <http://bit.ly/24VoJG6>

and the club hopes this seminar will bring attention to this important issue. [Click here](#) to read the article and learn more about the seminar.

Our Contact Information

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