

NEWS & NOTES

LIVING THE VOLUNTEER SPIRIT THROUGH GFWC

News & Notes - March 23, 2017



March is Multiple Sclerosis Awareness Month

Every March, Multiple Sclerosis Awareness Month brings attention to the 400,000 Americans living with this neurological condition. Multiple Sclerosis (MS) impacts the central nervous system, leading to communication issues between the brain and the body. Unfortunately, there is no cure for MS. Signs and symptoms vary, but difficulty walking is one of the most common issues for those with MS. GFWC Home Life Partner Easterseals provides a wide range of services to those living with disabilities, and serves many clients with MS. Because mobility and accessibility can be an obstacle for those with MS, the services offered by Easterseals go a long way in improving the quality of life for these individuals. Please visit <http://www.easterseals.com/what-we-do/> to learn more about how Easterseals helps their clients through accessibility resources, employment and training, in-home care, and more. Put a face to the services offered by Easterseals by reading the success story of someone with Multiple Sclerosis by [clicking here](#).



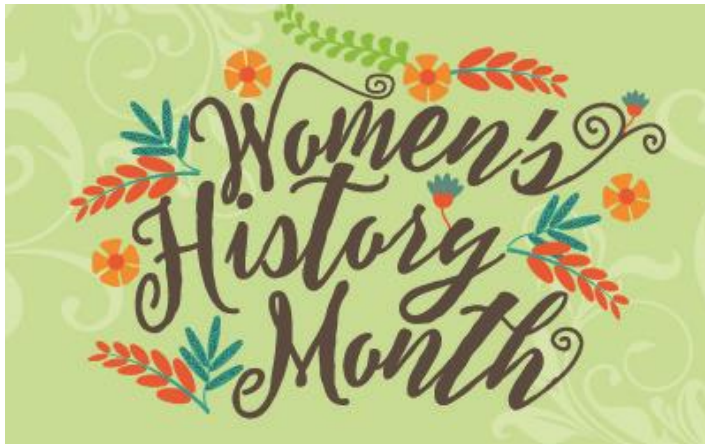
GFWC — an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service

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If you haven't yet subscribed to *News & Notes*, the best source for all things GFWC, what are you waiting for? Signing up is easy and gives you access to timely news items from around Headquarters, our partners, and our work on a national and local scale.

Simply provide your name, mailing address, email, and club name to GFWC Membership Services Manager Kate

The Multiple Sclerosis Association of America recognized Multiple Sclerosis Awareness Month with the launch of a new video titled "Changing Lives Monday to Sunday." [This video](#) shows how people with MS overcome challenges to live happy and healthy lives. Interested in getting involved and promoting Multiple Sclerosis Awareness Month? *Multiple Sclerosis News Today* offers a list of ways for you to help, including spreading awareness on social media, educating yourself, and advocating for MS. [Click here](#) to view the list and show your support. You can also download a Multiple Sclerosis profile badge by [clicking here](#).



A Look at Women's History Month

By now, you probably know that March is Women's History Month. So far, it's been a great celebration of women's contributions to society. International Women's Day, the 2017 GFWC Women's History Month Celebration, and other activities have kept us busy and made this year's Women's History Month a great success. But why do we celebrate Women's History Month? GFWC Women's History and Resource Center Chairman Kathy Canzano shares some background on Women's History Month in a post on the GFWC blog. Kathy shares valuable information about the story behind Women's History Month and how it has evolved throughout the years. [Click here](#) to read the blog now.

You can continue to mark Women's History Month by adding a banner to your Facebook or Twitter profile picture with the GFWC Twibbon: <https://twibbon.com/Support/womens->

Garlick at kgarlick@gfwc.org and you're all set!

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It's Our Time to SHINE: 2017 GFWC Annual Convention at JW Marriott Desert Springs Resort and Spa June 23-26

GFWC Clubwomen have shined throughout the year! We invite you to join us at the pristine JW Marriott in Palm Desert, California to celebrate those accomplishments, learn about new

[history-month-9](#). You can also show your support by changing your cover photo on Facebook. [Click here](#) to view the photo. Simply right click the photo and click save as, and then upload it as your cover photo. Please [click here](#) for more detailed instructions on how to change your Facebook cover photo. If you need any assistance, please email pr@gfwc.org.



New Hampshire Inside Out

New Hampshire State President Phyllis Appler is working to move residents from the indoors to the great outdoors so that they may appreciate all their state has to offer. As a former biology teacher, President Appler has a deep understanding of the environment and hopes her “New Hampshire Inside Out” Special Project will inspire clubwomen, students, and local residents to leave computer screens behind and experience the natural beauty that surrounds them.

Many projects are being planned in conjunction with the Inside Out theme including: updates to the lilac garden at the VA Hospital in Manchester; tours of the Heifer Farm in Rutland, Massachusetts; construction of butterfly gardens around the state; and refurbishment of the Seacoast Science Center’s audio trail. Located within Odiorne Point State Park, the Seacoast Science Center is a non-profit marine education organization. In 2000, Past NH-State President Bernice Stucker raised funds for the design of a self-guided audio tour that allowed park goers to discover the rich natural and social history of the area. Unfortunately, over time the audio system and guidepost maps deteriorated and no longer functioned.

initiatives, and participate in the advancement of the organization.

Online registration is now officially open! You can access registration using this link <http://www.cvent.com/d/2vqg5g/4W> or by visiting www.GFWC.org and following the instructions to register for Convention and all events. GFWC’s user-friendly online registration system is quick, secure, and easy. Paper registration is available upon request. Registration closes on June 1. For assistance, contact GFWC Headquarters at 1-800-443-GFWC (4392) or call Derek Tennant (DTennant@GFWC.org) directly at 202-347-2938 or Jennifer Simpson (JSimpson@GFWC.org) directly at 202-628-2478.



The complete *Call to Convention* is now available for download. The *Call* features Convention details such as transportation, tours, daily activities, a preliminary award schedule, and a full agenda. [Click here](#) to download the *Call*.

Thankfully, with resources remaining from the original donation and new contributions from President Appler's administration, both the audio system and maps have been restored.

GFWC New Hampshire clubwomen continue to fundraise to support additional improvements to the park's audio system. They are also leading the Inside Out movement by example and holding many meetings outdoors. If you cannot visit scenic New Hampshire during this first week of spring, celebrate the achievements of President Appler by taking time to marvel at the wonders outside your own door!

Pictured from left to right are GFWC Nashaway Woman's Club President Linda Twombly, GFWC Greenland Woman's Club President Michelle Vincent, and GFWC-NH President Phyllis Appler.



Clubwomen Volunteer at the WHRC

Special thanks to Debbie Grieder, a member of the Women's History and Resource Center Committee, and Penny Peterson, a member of the GFWC Membership Committee, for traveling from Arizona to volunteer in the GFWC Archives.

GFWC Arizona: Women of the Past

By Debbie Greider, WHRC Committee Member

Edith was born in Florence, Arizona, a town where all the houses were made out of adobe with dirt roofs and dirt floors. Her family moved to Tucson, Arizona in 1880 where her father took up farming. After she received her teaching degree at the Los Angeles Normal School, she returned to Tucson where she taught until she married George Farwell Kitt in 1903.

Edith joined the Tucson Woman's Club in 1904 as one of the original incorporators, and helped in the building of their first clubhouse. Her first paper for the club was a review of one of Edith Wharton's books. In her words: "I more than reviewed it, I rewrote it. Everyone went to sleep."

From 1924 to 1928, she acted as Vice President of the State Federation "with not much to do but look wise and to draft a few resolutions." She became the fourteenth Arizona State President in 1928.

Edith was installed as secretary of the Arizona Pioneers' Historical Society in 1925 and later wrote "That title was erroneous, for I had to be not only the corresponding secretary but also the librarian, researcher, entertainer, welfare worker, and father confessor all in one." Her work

GFWC Shares

Vote in the following polls and the results will be included in the GFWC Shares section of the May+June edition of *GFWC Clubwoman Magazine!*

What's your favorite beach?

In addition to the 2017 GFWC Annual Convention in Palm Springs, California, summer brings endless opportunities for a great day at the beach! To get us in the summer mood, we're asking you about your favorite U.S. beach destination. Visit <http://poll.fm/5rv36> to vote today.

What's your favorite activity for a girls night out?

Many clubs take a break during the summer, making it important to stay in touch with your fellow clubwomen. Consider planning a fun girls night out to keep members connected during the

organizing and expanding the collection of the society, renamed the Arizona Historical Society in 1963, lasted for 22 years. During that time Edith was credited with beginning many of the collections that are in the society today, including many oral histories of early settlers in Arizona. Thanks in part to Edith's dedication the Arizona Historical Societies' library is one of the top research centers in the Southwest.

Partner Spotlight: St. Jude Children's Research Hospital

Earlier this week, St. Jude Children's Research Hospital named the institution's principal research tower after Donald Pinkel, M.D., whose legacy of driving progress toward advancing cures for pediatric catastrophic diseases continues at the institution today. When St. Jude was established 55 years ago, Pinkel, the hospital's first medical director, committed to finding cures for childhood cancer, leading to groundbreaking treatments that saved countless children's lives. Many of these cancers were deemed incurable prior to Pinkel's research, but his distinct approach to eradicating diseases established a model for how cancers could be treated. To watch the dedication ceremony, please visit the St. Jude Children's Research Hospital – Science and Medicine Facebook page: <https://www.facebook.com/stjuderesearch>. For more information on how to get your club involved with the work St. Jude is doing, please contact Ashley Ramsdell at ashley.ramsdell@stjude.org.



Marketplace: Past President Bar Guard

Denote any past president position with this past president bar guard! Simply attach to any current pin to let others know of past positions formerly held. The gold plate bar guard has an imitation cloisonné, butterfly back, 3/4 inch wide with 1 1/2 inch chain

summer. What fun activity would you plan? Vote now at <http://poll.fm/5rvg0>.

In The News

The **GFWC Ohio Warren Junior Women's League** recently hosted an event called "Coffee with a Cop," allowing community members to talk with local police and ask questions about events in the area. Read more about this event in the *Tribune Chronicle* by [clicking here](#).

with loop to fit into another pin. Available for \$5 each at the [GFWC Marketplace](#).

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