

NEWS & NOTES

LIVING THE VOLUNTEER SPIRIT THROUGH GFWC

News & Notes - May 10, 2018



Kentucky Derby Fundraising

GFWC clubs were dressed in their southern best last weekend to celebrate the Kentucky Derby. But instead of betting on the races, they were raising money for their communities!

Clubs from all over the country, not just the Bluegrass state, hosted Derby Day events that benefitted charities that matter to them. For the GFWC Semper Fidelis Club (Maine), that meant the library! The proceeds from their 5th annual Kentucky Derby Party at Bigelow Brewing Company will benefit the Canaan Public Library Expansion Fund.

The South Brunswick Islands Woman's Club (North Carolina) hosted their 5th Annual Juleps & Jazz, their Kentucky Derby style "Fund Racer." The event had food, live jazz, raffles, a silent auction, a hat contest for the ladies, and a Most Dashing Derbyster for the men. This year the club had a Kentucky Bourbon Bar in addition to their signature "Jazzy Julep."



GFWC — an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service

Cares & Concerns

We have received word that Danielle (Brickie) Duquette, GFWC Vermont State President from 1984-1986 and GFWC New England Region President from 2002-2004, passed away. Condolences may be sent to her husband, Ron, at 28 Arbor Lane, Cochester, VT 05466.

**Subscribe to
News & Notes**

The GFWC Ossoli Circle (Tennessee) got creative at their White Linen Luncheon's Derby Party. Their racing form had club projects for members and guests to place "bets" on. It was a close race, with Dr. Kim's Free Medical Clinic and Honor Air of Knoxville neck and neck until the end. The club made supporting community projects exciting for their attendees.

A big, annual event like the Kentucky Derby is a perfect opportunity for clubs to find their fundraising niche in the community by offering something unique that people can look forward to each year. Themed fundraising is always a hit, especially when it corresponds with something that has as much tradition and flare as the Derby. So next year, don a hat, throw a party, and give your community something to celebrate. But until then, you can put on a thinking cap and brainstorm universal events you might not have considered using as a fundraising opportunity.

Special Parliamentary Training at Convention!

Registration Deadline: June 1, 2018

Register to attend a special GFWC/NAP workshop on Sunday, June 24th, 2 – 4 PM, at the GFWC Annual Convention in St. Louis, Missouri. National Association of Parliamentarians (NAP) President, James Jones, PRP, will lead the workshop using Robert's Rules of Order, Newly Revised (RONR) "In Brief." Interested participants can sign up to take either the online or paper 40-question "In Brief" exam to become a member of the National Association of Parliamentarians. Membership in NAP offers many benefits, including the opportunity to seek credentials as a Registered Parliamentarian (RP) or advanced studies as a Professional Registered Parliamentarian (PRP).

To participate, please email events@gfwc.org for complete registration information!

If you haven't yet subscribed to *News & Notes*, the best source for all things GFWC, what are you waiting for? Signing up is easy and gives you access to timely news items from around Headquarters, our partners, and our work on a national and local scale.

Simply provide your name, mailing address, email, and club name to GFWC Membership Services Manager Kate Garlick at kgarlick@gfwc.org and you're all set!

Call for Articles

Clubhouses have long been a part of the GFWC tradition. Before we made 1734 N St our home in Washington D.C. in 1922, countless clubs across the nation had their own clubhouses that they built, purchased, and furnished. More than just a place to hold meetings, clubhouses have been education centers, safe places, and homes to both clubwomen and their communities over the past 128 years. In this summer's edition of the WHRC Newsletter, we will be celebrating your clubhouses and the important role they have played in your histories. We will be welcoming stories of past clubhouses and houses still in your club's possession, and would love to hear the history of the house, how it was obtained, or simply how it still serves your club today. Stories should be no more than 500 words, and pictures are welcome but not necessary. Please send your stories, via email, to WHRC manager Alyssa Constad no later than **May 25**. If you have any questions,



Next Week is National Women's Health Week

May 13-16 is National Women's Health Week, which encourages women to prioritize their health. The week long observance is an effort to raise awareness on important steps women can take to lead healthier lives. Here are a few ways you can improve your health:

- Have a yearly well-woman visit. It's important to discuss your health with your doctor to see what's best for you, and preventative screenings are vital for detecting potential issues.
- Check out the Office on Women's Health's guide on steps to getting better health by age.
- Stay moving! The Centers for Disease Control and Prevention recommends adults have at least 2 1/2 hours per week of moderate-intensity aerobic activity, like brisk walking.
- Women statistically fall more often than men, so it's especially important to focus on building strength and balance with activities like swimming and yoga.

How can you promote healthy living within your club? Host a nutritious potluck for your next meeting! It's important to have a meal plan that includes foods such as fruits, vegetables, whole grains, and lean meat. Another idea is to get your club to attend a fitness class together. It's a great way to stay active and bond at the same time!

please don't hesitate to contact Alyssa at aconstad@gfwc.org

Call for Questions for the 2018-2020 Candidates for Office

During a business session at our 2018 Annual Convention in St. Louis, GFWC will host a Q&A session with the 2018–2020 Candidates for Office. We are soliciting thoughtful questions to pose to the candidates regarding their individual experiences, strategic vision for GFWC, and leadership skills. Questions will be selected at random by an independent moderator, and the candidates will have two minutes to answer. Please send your questions by email to GFWC Elections Committee Chairman Susan Martin (sbm2086@aol.com) by May 15, 2018.

Raffle Donations - Share the Spirit of St. Louis!

You can help make the Spirit of St. Louis Raffle something everyone will be talking about until next convention! Donations are still being accepted, so if you, your club, district, state, or region would like to donate to the Spirit of St. Louis Raffle, please go to GFWC Resources on the website and click "R" for raffle donation form. Since many attendees will be traveling, it is always appreciated when items are relatively small and lightweight. The following are categories and examples of great raffle items:

You could also host a health fair in your community, like the Brussels and Batchtown Women's Clubs (Illinois), who recently held their biennial Health Fair. Over 80 people were in attendance, and half of them took the free Hearing Test provided by the Lions Club Mobile Unit. There were featured health speakers, as well as health vendors who provided information and handouts. Attendees enjoyed a delicious buffet of fresh fruit, cheese, veggie pizza, and desserts that were fat-free and sugar-free.

National Women's Health Week is a reminder for women to give their health the thought and attention it needs. That might mean preparing questions to ask at your next check-up or penciling in time to exercise in your busy schedule. Just remember to always work towards a healthier you.

It's Our Time to Connect: Register for Convention

The countdown to convention is electrifying, and we hope all of you are excited to join us! Remember that convention registration closes on **June 1**, so make sure you register in time so you can connect with us in St. Louis!

We invite you to join us at the beautiful St. Louis Union Station Hotel in St. Louis, Missouri to celebrate another year of wonderful GFWC accomplishments and to learn about what's next. You can find instructions on how to register for Convention and all events [here](#) on our website. Once you're ready, you can access registration using [this link](#).

GFWC's user-friendly online registration system is quick, secure, and easy. Paper registration is available upon request. Registration closes on June 1. For assistance, contact Jennifer Simpson, Events Coordinator, directly at 202-628-2478 or via email at JSimpson@GFWC.org.

The Call to Convention is your guide to this year's GFWC Annual Convention in St. Louis, Missouri. It has all the facts about voting, speakers, tours, and more! The Call was included in the March + April GFWC Clubwoman Magazine, but you can also access the Call [online](#).

Jewelry – Small, light, and wearable...the perfect combination!

Electronics/Gadgets – Tablets, fitness trackers, cameras, etc.

Purses – Enough said.

Gift-of-the-Month – Give a gift that lasts year round without the hassle of packing it up.

Wine, cheese, flowers, coffee, chocolate, homemade, BarkBoxes...so many great options!

Donation forms can be mailed to GFWC Headquarters or emailed to Jenn Simpson at JSimpson@GFWC.org.

We can't wait to see what wonderful items you have to share!

Service Project - Rise Against Hunger

Even at Convention, GFWC never forgets its volunteer mission. We are teaming up with Rise Against Hunger for an amazing, hands-on service project on Monday, June 25. [Rise Against Hunger](#) is an international hunger relief organization distributing meals to the world's most vulnerable communities. GFWC's goal is to pay for and package an astounding 36,000 meals!

One way to support this goal is by donating toward the cost of creating and distributing the meals. This is where everyone can get involved. The total cost of one meal is only **29 cents!**

We would like to challenge every GFWC club to donate one meal per club member. If your club would like to donate more than one meal per member,

Reserve Your Room for Convention

Convention is around the corner! You'll want to have everything in order so your experience is as smooth and convenient as possible. Once you've registered for convention, the next step is to reserve a room to ensure your spot in our room block.

GFWC's Group Rate is \$159/night. The room block closes on **Monday, May 28 at midnight**. Room reservations can be cancelled up to 24 hours before scheduled arrival, but please help GFWC manage the room block by not holding multiple rooms under one name.

For Hotel Reservations at the St. Louis Union Station Hotel, please use one of the following options

- [Online](#) (recommended).
- Call (general reservation number) P: 855-271-3620, Press 1 to make a new reservation.

If problems arise, please contact Jennifer Simpson at GFWC via email at JSimpson@GFWC.org or directly at 202-628-2478.

Legislative Action Corner

VAWA FY 2019 Federal Appropriations Advocacy

GFWC joins the National Task Force to End Sexual and Domestic Violence and more than 930 organizations to urge Congress to increase funding for federal programs that address domestic violence, sexual assault, dating violence, and stalking. Domestic and sexual violence are life-threatening, pervasive crimes that affect millions of families every day. Our nation is experiencing a watershed moment as survivors of gender-based violence are coming forward. Our community programs must be there to support these survivors and their families, and there must be resources for prevention and education so violence doesn't happen in the first place. Find our letter [here](#).

we would certainly appreciate the additional funding. Club donation checks can be made payable to GFWC with "RAH Service Project" written in the memo line. All checks can be mailed to GFWC Headquarters.

You also have the option of donating toward the service project during registration. A donation of \$7.25 covers the cost of 25 meals; \$14.50 covers 50 meals, and \$29.00 covers 100 meals! Any amount is greatly appreciated.

Legislative Action Center Alerts

We've heard that a number of our clubwomen subscribed to GFWC's Legislative Action Center have not been receiving our Action Alerts. This could be because the "**Email Opt-in**" box was not checked when first subscribing. We want you to be up-to-date on all of our advocacy efforts, and the best way to do this is through our Action Alerts. If you'd like to receive our Action Alerts, all you have to do is return to our [subscription page](#), complete your information, and be sure to check the "**Email Opt-in**" box. Completing these steps will update your current information in our Legislative Action Center.

You may also contact the programs department at programs@gfwc.org with your first and last name, city, state, zip code, and the phrase "Email Opt-in" and we will handle all of the work for you!

We are looking forward to keeping you in the legislative loop!

Congressional House and Senate Appropriations Committees are beginning the FY 2019 process to fund these Violence Against Women (VAWA) programs in the Department of Justice, the Family Violence Prevention and Services Act programs at the Department of Health and Human Services, and to increase funding released from the Victims of Crime Act (VOCA) account. We are appreciative of the FY 2018 funds now being deployed in our communities.

Tips on Parliamentary Procedure

by GFWC Parliamentarian, Shirley Gomes

Special Orders

An Order of the day can be made for a definite session, day, or meeting, or for a particular hour. Special Orders are described in Robert's Rules of Order, (RONR) 11th edition on pages 364-371. It suspends any rules, with the exceptions listed in RONR on page 187.

To ensure that a question will come up, the motion is, "I move that the question be postponed to the (specify) meeting and be made a special order."

To postpone a subject – such as a revision of bylaws – to an adjourned meeting at which the entire time can be devoted to it if necessary, a motion to Fix The Time to Which to Adjourn should first be made and adopted, and then the motion to Postpone should be made in this form: "I move that the question be postponed and made the special order for the adjourned meeting set for (specify) meeting."

Since the making of a special order has the effect of suspending any interfering rules, it requires a two-thirds vote.

When a question that is not pending is made an order, it is usually made a special order. A main motion to make a particular subject a special order can be introduced whenever business of its class or new business is in order when nothing is pending.

[Subscribe Here](#)

GENERAL FEDERATION OF WOMEN'S CLUBS
Joining the Volunteer Spirit

HOME | DOMESTIC VIOLENCE

* First Name
* Last Name
* Address Line 1
Address Line 2
* City
* State
* ZIP Code
* Email Address

Remember Me
Email Opt-In **Check this box!**

Please be sure to check the 'Email Opt-In' box to receive our legislative alerts!

REGISTER



Be the Hero

There could not be an easier way to be the Hero and support your cause. Earn 50% profit and the bulbs get delivered directly to your supporters. They are 100% guaranteed, with no minimum order and no upfront cost required! Order your free sales supplies to start your door to door fundraiser or build your online campaign today!

Raise fantastic profits, all the while beautifying your community and rejuvenating Mother Earth.

Earn 50% profit from sales!

In meetings that follow the "standard" order of business, special orders are taken up before unfinished business – before new business.

Refer to RONR for the full details. Seems that there are many exceptions. Your bylaws and RONR are the best (and complete) guides.

An extra 5% from every sale goes directly to GFWC to support national projects.

www.FlowerPowerFundraising.com/GFWC
or call 1-888-833-1486.

Picture of the Week



Members of GFWC Woman's League of the Lowcountry (South Carolina) are pictured with 30 "worry bags" which will be presented to Shauw Chin Capps, MSW, Chief Executive Officer of Hopeful Horizons, a children's advocacy, domestic violence and rape crisis center. Each bag contains:

- A "worry doll" with a zippered mouth and pencil & paper to write down their worries and let the doll "eat them away"
- Bottle of bubbles to blow away their fears
- Balls to squeeze away the stress
- Beanie babies to hug

Children arriving at Hopeful Horizons with their battered mothers often believe the issues at home are their fault. The agency's professionals use the worry bags to help the children acknowledge their fears and concerns.



GFWC Marketplace: Time to Shine Sunglasses

Make a fashion statement with these plastic frames and their velvety-smooth finish. These colorful sunglasses remind GFWC that it's our "time to shine." Not only do the lenses offer stylish appeal, but they also offer UV400 protection. Available in black, blue, pink, and red for \$5 each at the GFWC Marketplace.

Our Contact Information

General Federation of Women's Clubs
1734 N. Street NW
Washington, DC 20036
202-347-3168
www.gfwc.org

[Unsubscribe](#) | [Manage email preferences](#)

email powered by  bloomerang