



GENERAL FEDERATION
of WOMEN'S CLUBS



Baby Hat Project



Materials You Will Need

- Four US #6 (4 mm) double-pointed needles or a circular needle
- Yarn needle
- Category 4 medium worsted weight yarn with a total length of approximately 50 to 100 yards: Color A (white) approx. 42 - 86 yards and Color B (yellow) 8 - 14 yards
- A stitch marker for a circular needle user

Hat Sizes

Age (in Months)	Actual Head Circumference	Hat Circumference	Hat Height
0 - 3	13" ~ 14"	11.5"	5"
3 - 6	14" ~ 17"	14.5"	5.5"
6 - 12	16" ~ 19"	17"	6.5"

Gauge

22 sts x 30 rows = 4" x 4" in stocking sts

Abbreviations and Explanations

- K = Knit
- P = Purl
- K2tog = Knit two stitches together

Pattern Instructions

- With Color A, cast on (64, 80, 96) stitches evenly on three US #6 (4 mm) double-pointed needles. Make sure not to twist and join to knit in the round.

OR

- Cast on (64, 80, 96) stitches with a US #6 (4 mm) circular needle by using yarn Color A. Make sure not to twist and join to knit in the round. Place a marker to remember the starting stitch.

Rounds 1-4: (K1, P1) around.

Round 5: Change Color B and (K1, P1) around.

Rounds 6-8: (K1, P1) around.

Round 9: Change Color A and (K1, P1) around.

Round 10: (K1, P1) around.

Round 11: K around.

Repeat Round 11 to reach Round (26, 34, 42) OR the hat measures approx. (3.25", 3.75", 5.25") from the cast on edge.

Start to shape top.

Round 1: (K6, K2tog) around. (56, 70, 84) sts

Round 2: K around.

Round 3: (K5, K2tog) around. (48, 60, 72) sts

Round 4: K around.

Round 5: (K4, K2tog) around. (40, 50, 60) sts

Round 6: K around.

Round 7: (K3, K2tog) around. (32, 40, 48) sts

Round 8: K around.

Round 9: (K2, K2tog) around. (24, 30, 36) sts

Round 10: K around.

Round 11: (K1, K2tog) around. (16, 20, 24) sts

Round 12: K around.

Round 13: (K2tog) around. (8, 10, 12) sts

Cut the yarn about 10 inches to work with. With a yarn needle, pull the yarn through all the remaining loops, draw up firmly, fasten securely, and weave in the wrong side of work. Weave in the other ends too.

Have fun!

Shipping:

March of Dimes Fulfillment Center
9483 Main St. Suite B
Dansville NY 14437

Once completed, please email the donation form included at the end of this toolkit to Meredith Repik with the March of Dimes at mrepik@marchofdimes.org. Please include a printed copy of the donation form in your shipment as well.



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Neonatal Intensive Care Unit (NICU) Mom Care Packages



Materials You Will Need

- Large Zip Lock Storage Bags –Gallon Size
- Travel size Shampoo and Conditioner
- Toothbrush and tooth paste
- Bar of soap
- Travel size body lotion
- Label made with joint logo to include in the bags

Collect the items above and then assemble the bags. You are welcome to add additional items to the bags.

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Dansville NY 14437

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**GENERAL FEDERATION
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Our hearts and thoughts are with you during this time in the NICU with your baby. To help you take care of yourself so you can be there for your baby, we want to provide you with a self-care kit to help you with some of your immediate personal care needs.

For additional support and information from the March of Dimes, please download the free MY NICU BABY app.

Provided by a partnership between the General Federation of Women's Clubs and March of Dimes.

For more information visit www.gfwc.org or www.marchofdimes.org



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**GFWC JUNIORS' SPECIAL PROGRAM
ADVOCATES FOR CHILDREN**

BLANKETS FOR BABIES

**Partner with March of Dimes with donations
of Baby Blankets for Military Families**

March of Dimes hosts baby showers for military families through their Mission Healthy Baby program. GFWC Clubwomen can get involved by providing these families with baby blankets. Please help GFWC welcome these babies of military families with a special blanket of their own! Hand-made blankets may be sewn or no-sew blankets, knitted, crocheted, or quilted, etc.



Blanket Requirements

**Blanket size should
not exceed 4' X 4'**

**Blankets must
come from a pet
and smoke free
environment**

**Blankets may be
sewn, new-sew,
knitted, crocheted
or quilted**

**Please include a
blanket tag with
each blanket
donated**

SHIPPING INFO

March of Dimes Fulfillment Center
9483 Main St. Suite B
Dansville NY 14437

Please email the provided donation form to mrepik@marchofdimes.org. Donation forms should also be included in your shipment.

Blanket Tags:
Please include a blanket tag with each blanket donation.

The General Federation of Women's Clubs is proud to partner with the March of Dimes to provide your newest member of your family with a handmade baby blanket.



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GFWC/March of Dimes Donation Form

Donor Contact Information

GFWC Club Name: _____

Club Address: _____

Contact Name: _____

Phone Number: _____

Email Address: _____

This shipment includes (Please check and fill in number):

Baby Blankets _____
Baby Hats _____
NICU Self Care Kits _____

Shipping:

March of Dimes Fulfillment Center
9483 Main St. Suite B
Dansville NY 14437

Once completed, please email this donation form to Meredith Repik with the March of Dimes at mrepik@marchofdimes.org. Please include a printed copy of this donation form in your shipment as well.