



NEWS & NOTES

YOUR WEEKLY UPDATE ON GFWC NEWS

May 25, 2023



2023 GFWC Annual Convention



First Time Attendees

Welcome, we are so excited for you to join us in Louisville!

Here are a few tips to help your first GFWC Convention to go smoothly.

- Stop by the GFWC Registration tables on the second level when you arrive to collect your packet.
- Wear your convention name badge to all Business Sessions and Workshops, it is your admission ticket to events.
- Make sure to bring your meal ticket to every meal function.
- Plan to attend each Business Session, it's the primary purpose of Convention.
 - Remember only voting delegates (without a red circle on their name badge) may speak to an issue, make motions, and vote.
- If you need help, head to the GFWC Information Hub on level two.
 - Before you leave, check out the [FAQs page](#) to answer all your questions

- We hope this will be the first of many GFWC Conventions to come!

Saturday Opening Business Session Featured Speaker



LT. Governor Jacqueline Coleman

Lieutenant Governor Jacqueline Coleman is an educator, basketball coach, writer, founder of a nonprofit, and the fifty-eighth lieutenant governor of Kentucky. She is wife to Chris, mom to Evelynne, adopted mom to Emma, and a bonus mom to Will and Nate. Her family lives in Frankfort, Kentucky.

Public service is a way of life for Jacqueline and her family. She was raised on a farm in Burgin, where her family owned a small business. This experience taught her to offer a hand up to those in need and, as a result, she has devoted her personal and professional life to serving her community. She is a tireless advocate for public education and a strong proponent of young women stepping into leadership roles. Most recently, Jacqueline served as an assistant principal at Nelson County High School. She is currently pursuing a doctorate in Educational Leadership at the University of Kentucky.

Jacqueline's leadership doesn't end in the classroom or on the court. Her experience as an alumna of Emerge Kentucky drove her to found her own nonprofit, Lead Kentucky, in 2013. Lead Kentucky ensures Kentucky's college women are prepared, encouraged, and empowered to seek leadership positions on their campuses and later in their professional fields. Since its inception, Lead Kentucky has empowered 50 campus ambassadors with 29 different majors on more than a dozen college campuses.

As the commonwealth's highest elected woman, Jacqueline is focused on education, rural economic development, agritech, and student mental health, and she is determined to build a better Kentucky for everyone.



National Day of Service

© SATURDAY, SEPTEMBER 30, 2023

Living the Volunteer Spirit

www.GFWC.org

#GFWC23NDS

National Day of Service Toolkit Coming Soon

Looking for help with your club's National Day of Service Project? Register now and you will receive the NDS Toolkit, which will be available next Thursday, emailed directly to your club representative.

To participate in the inaugural NDS, please email Melanie Gisler, Director of Membership Services, mgisler@gfwc.org and cc Deb Strahanoski, GFWC International President, dstrahanoski@gfwc.org



New York State President's Project Mental Health Awareness

By: Kathy Meyers, GFWC New York State President

My State President's Special Project is mental health awareness. I chose the [National Alliance on Mental Illness](#) (NAMI) to be a featured organization.

My son, who has struggled with mental illness since he was in his teens, helped me with my selection. The mission of NAMI is families compassionately helping families of loved ones challenged by mental illness. Their vision is a meaningful life for people with mental illness, achieved through effective systems and knowledgeable families. They educate, advocate, listen, and lead. NAMI works with the media and policymakers to make sure our community leaders understand how important mental health is.

I have been so happy to see the support from our New York clubs and our Region. Clubs from all over New York and the Middle Atlantic Region have been donating funds and raising awareness for mental health. To date, ten clubs have reported that \$4450 has been raised and 15 projects were sponsored. During a recent meeting of the Women's Club of Peekskill and Cortlandt the President gave highlights on a specific aspect of mental illness. Later in the meeting people privately disclosed personal things related to that topic. I am very touched and proud of the group for taking on the conversation of helping people who have mental illness.

During a recent Greater Western Districts Meeting a representative from Harbor House spoke about their mission. Harbor House is a drop in site for those who are homeless and are experiencing mental health problems. Harbor House has no beds but provides laundry facilities, showers, clothing, and easily prepared food items for clients. Most of the funding comes from donations. Club members

brought so many donations that two cars were filled up!

Gold Pin Recipients

Oweita Calvert
GFWC Platonic (Oklahoma)

Donnie Eakins
GFWC Platonic (Oklahoma)

Judy Tracy
GFWC Platonic (Oklahoma)

Ruby Martin
GFWC Platonic (Oklahoma)

Ethel Berney
The Woman's Club of Glyndon
(Maryland)

Catherine Colter
GFWC East Alton (Illinois)

Nada Lou Dunn
GFWC Newman (Illinois)

Karel Volpert
GFWC Bismarck (Illinois)

Judy Riggert
GFWC Metamora (Illinois)

Arlene Rush
GFWC Metamora (Illinois)

Mary Ann Spencer
GFWC Metamora (Illinois)

Jo Crow
GFWC Metamora (Illinois)

Joanne Jeffers
GFWC Mokena (Illinois)

Maria Sjorsley
GFWC Wauconda (Illinois)

Bernadette Stendebach
GFWC Wauconda (Illinois)

Carole Bull
GFWC Darien (Illinois)

Roberta Borrell
Woman's Club of Spring Township
(Pennsylvania)

Harriett Zeigenfuss
Woman's Club of Spring Township
(Pennsylvania)

Barbara Pampalone
Chatsworth Women's Club (California)

Dot Ravenhorst
Lexington Woman's Club (Virginia)

Kit Fragulia
GFWC Peninsula Hills Women's Club
(California)

Greta Westeson
Orinda Woman's Club (California)

Donna Townes
GFWC Swift Creek Woman's Club
(Virginia)

Patricia Newell
Eureka Woman's Club (California)

Ann Malpass
Woman's Club of Cayce
(South Carolina)

Sheri Kimball
Lexington Woman's Club
(South Carolina)

Trudie Heemsoth
GFWC South Carolina

Catherine Owen
The Holly Club, Inc. (Massachusetts)

Maxine Tolbert
Waynesboro/Augusta Woman's Club
(Virginia)

Bonnie Connor
GFWC Big Timber Woman's Club
(Montana)

Annette Lehman
GFWC Hollidaysburg Area Women's
Club (Pennsylvania)

Liz Myers
GFWC PA Women's Club of Spring
Grove (Pennsylvania)

Club Anniversaries

25
Southwest Region Woman's Club
(Colorado)

75
Lexington Woman's Club
(Kentucky)
GFWC Women's Civic League of
Cheyenne (Wyoming)

85
GFWC Twentieth Century Club
(Oklahoma)
GFWC Hollidaysburg Area
Women's Club (Pennsylvania)

100
Luenberg Woman's Club
(Massachusetts)
GFWC La Puente Valley
Woman's Club (California)

105
GFWC Inter Se Club of Hugo
(Oklahoma)

110
GFWC Boston Parliamentary Law
Club (Massachusetts)

120
Pierian Club of Lampasas



PRESIDENT'S GEM



GFWC Lincoln Woman's Club (IL)



At its final meeting of the club year, Lincoln Woman's Club President, Terri McDowell presented Jennifer Prather, representing the Lincoln Park District Foundation, with the final check for the club's water safety project. Lifeguards' training will be paid, as well as beginning group swim lessons for any child in need residing in the Park District area.

LWC is so grateful for two grants received to enhance our funding. The Illinois Prairie Community Foundation granted \$1,500, and our local Eaton Corporation granted \$2,000 to our project. Many children will benefit from their generosity.

Lincoln Woman's Club donated \$3,000 from community fundraising events, plus over \$600 raised during monthly meeting raffles. The total donated to the Park District Foundation this club year for the water safety project was \$7,206. We thank the community for kindly supporting our fundraisers. We strive to improve our community in many ways.

Submit a story about the awesome things YOUR club is doing in the

community to PR@gfwc.org.



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